

## of Monroe County SERVICES GUIDE

EMERGENCY NUMBERS Emergency Call 911

Suicide & Crisis Lifeline call/text 988

Veterans can press "1" after dialing 988 to connect directly to the Veterans Crisis Lifeline.

Sign Up: Local Emergencies, Community, and Weather Alerts http://hyper-reach.com/tnmonroesignup.html

Adult Mobile Crisis 865-539-2409 Children and Youth Mobile Crisis 865-539-2409

Monroe County E.M.S. 423-442-4063

Tennessee Poison Center 800-222-1222

Sheriff's Department Monroe County 423-442-3911 Dispatch 423-442-4357

Madisonville Police Department 423-442-2268 Sweetwater Police Department 423-337-6151 Tellico Plains Police Department 423-253-2030 Vonore Police Department 423-884-2480

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Prevention & Wellness Coalition MonroePWC.org







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## **CHILD CARE**

Boys and Girls Club of the Monroe Area 423-442-6770 Main Office 423-442-1318 Madisonville, TN 423-520-3350 Rural Vale, TN 423-337-0320 Sweetwater, TN 423-545-9779 Teen Center 423-520-3344 Vonore, TN Offers after school and summer programs for school aged children in the Monroe Area. **Child Abuse Complaint Hotline** 877-237-0004 Report child abuse and neglect. **Circle G Mountain Ministries** 423-295-2299 Christian non-profit that helps families building and repairing their home. Also, host camps for the youth. Child Development Center Sweetwater, TN 423-337-6082 Childcare for ages 2-12yo. **Children's House** 423-442-5612 Childcare for ages 13m-5yo. **Douglas Cherokee Head Start Information** 423-442-3722 Madisonville, TN 423-442-2328 Mt Vernon, TN 423-337-5303 Sweetwater, TN Early childhood education, health & nutrition services for lowincome families. First Baptist Church Child Care Madisonville, TN 423-442-6250 Childcare for ages 6wks-5yo. **Kiddie Korner Daycare** 423-420-9925 Childcare for ages 6wks-13yo.

## **CHILD & FAMILY SERVICES**

#### **Camelot Care Center**

423-476-3799 Cleveland, TN 865-481-3972 Knoxville, TN Offers home-based services to children and families including foster care, intensive counseling, outpatient therapy, case mgmt., substance abuse services for teens and family preservation service. CASA Monroe 423-442-2750 Court appointed volunteer advocacy that represents children in the

*Court appointed volunteer advocacy that represents children in the court system due to abuse or neglect.* **Child Abuse /Child Care Complaint Hotline** 877-237-0004 *Report abuse or neglect.* 

## **CHILD & FAMILY SERVICES**

#### The Hope Center 10th Judicial District

423-744-0599

*Provides forensic investigation services, counseling, and family advocacy for victims of physical and sexual abuse. Also offers free parenting classes and SA center for adults.* 

**Child Support Services of TN** 

423-479-8144 Cleveland, TN

Paternity testing and help setting up child support.

#### Children's Hospital Rehabilitation Center

865-690-8961 Knoxville, TN

*Physical, occupational, feeding and speech therapy. Programs include motivating mealtime, sensory processing and torticollis.* 

#### Department of Children Services

423-442-3641 Madisonville, TN *Childcare assistance, mental health services, food assistance and more.* 

#### **Department of Human Services**

423-442-7403 Madisonville, TN Food assistance, families first, and help applying for Medicaid and TennCare.



865-637-8000 Knoxville, TN Emergency housing services, legal and financial assistance, support and counseling.

#### Full Circle Women's Services

423-744-3005

**Family Crisis Center** 

*Free pregnancy testing, counseling, parenting skills classes, and baby needs.* 

#### **Healthy Families East Tennessee**

423-333-6929

Home visitation that helps with teaching basic childcare.

#### **Imagination Library**

423-442-4026 Sweetwater, TN

*Program created by Dolly Parton that mails free book to children from birth to age 5.* 

#### LTVEC Monroe County Birth to Three Programs

865-458-8900

*Developmental therapy to young children with special needs. Referrals by TEIS.* 

#### Monroe County Health Department

423-442-3993 Madisonville, TN

*WIC, Family planning, HUGS, CHAD and CSS programs. Case management for families and assist children up to 21-year-old with special needs.* 

#### Monroe County Juvenile Court

423-420-9106 Madisonville, TN

#### Monroe County School System

423-442-2373 Madisonville, TN

#### Monroe County Schools Family Resource Center

423-442-7971 Madisonville, TN

*Emergency children's fund, School Supplies Program, Weekend Food bag for Kids program school & hygiene supplies, kindergarten registration, clothing closet assists Back to School Health Fest, referral and information services.* 

## **CHILD & FAMILY SERVICES**

#### **Nurture the Next**

423-643-7600 Chattanooga, TN *Program to help support parents. Home visits until child enters kindergarten. Offers parenting classes, mentorship, parent helpline and domestic violence hotline.* 

Parenting Helpline

800-356-6767

*Provides supportive listening, information and referral services to parents under stress.* 

#### Peninsula Lighthouse Treatment Center

865-970-9800 Knoxville, TN *Substance abuse and mental health services for children and adults. Outpatient Center available.* 

#### Pregnancy Resource Center

865-977-8378 Maryville, TN

*Free pregnancy testing, ultrasound exams, community resources and healing after abortion.* 

#### **Relative Caregiver Program**

866-321-9111

Services for caregivers that include information, referrals, support groups, respite care and advocacy assistance.

### Sweetwater School System

423-337-7051

#### Technology Access Program

865-332-5313 Loudon, TN

Restores and gives away computers to needy families.

TENNderCare

423-442-3993 ext. 1017 Madisonville, TN *Free Child Checkups and healthcare up to age 21.* **Tennessee Baptist Children's Homes** 

#### 423-892-2722 Chattanooga, TN

Residential homes for children in crisis.

#### Tennessee Early Intervention System

865-579-3099 Knoxville, TN

Helps with child development up to age 3.

#### Tennessee Family Support Program

423-664-5120 Chattanooga, TN

Assist individuals who have severe disabilities.

#### The Family Center

423-745-8942 Athens, TN

*Programs to help break cycles of trauma. Intensive information and skills for families.* 

#### **Upper Room Christian Counseling Center**

865-414-3269 Sweetwater, TN

Grief, addiction, marriage and family counseling.



## **CHILD & FAMILY SERVICES**

#### **UT/TSU Extension Office**

423-442-2433 Madisonville, TN Offers co-parenting classes/ court ordered for divorcing couples or custody dispute. 4-H programs, educational programs for individuals, families, and farmers that prioritize protecting the environment, the use of natural resources and improving overall health.

#### Young Life Monroe County

865-291-8312 Sweetwater, TN *Christian ministry that reaches out to students.* 

#### Youth Villages

865-560-2550 Knoxville, TN 866-791-9225 Specialized Crisis Services *Serves emotionally and behaviorally challenged children and teens with intensive home services, residential treatment, foster care and adoption, transitional living and specialized crisis services.* 

## DISABLED SERVICES

#### American Council for the Blind

800-424-8666 Promotes independence and equality to the visually impaired. American Foundation for the Blind 800-232-5463 Conduct research to advance change, promote knowledge and shape policy and procedures. American Society for Deaf Children 800-942-2732 Information for those who help hearing impaired children. The ARC 865-546-9431 Serving people with intellectual and developmental disabilities. Alzheimer's Tennessee 865-544-6288 Provides education, training, advocacy, and adult day services. American Cancer Society 800-227-2345 Voluntary organization dedicated to eliminating cancer. American Kidney Fund 800-638-8299 Provides education and prevention. Helps with financial aid for dialysis patients. American Lung Association 865-691-7228 Prevents lung disease through education and research. Autism Society 865-247-5082 Alcoa, TN Improving lives through education, collaboration and support. CancerCare 800-813-4673 Case management, counseling, support groups, education and financial assistance. East Tennessee Children's Rehabilitation Center 865-690-8961 Knoxville, TN Physical, occupational, speech and feeding therapy. **Epilepsy Foundation** 865-522-4991 Knoxville, TN Fight to overcome challenges of epilepsy, find cures and save lives.

## **DISABLED SERVICES**

**Juvenile Diabetes Research** 865-544-0768 Focuses on type 1 diabetes research. **Knoxville Center for the Deaf** 865-579-0832-Voice 865-978-6051-Video Sign language interpreting, sign language classes and interpreter workshops. Leukemia & Lymphoma Society of America 615-331-2980 Education, support, research and advocacy. Lupus Foundation of America 800-558-0121 Improve quality of life through programs of research, education, support and advocacy. **Missing and Exploited Children** 800-843-5678 Fights against abduction, abuse and exploitation. **National Child Safety Council** 800-327-5107 Helps save lives by providing local law enforcement with safety education, materials and programs. National Down's Syndrome Society 800-221-4602 Offers support to people with Down's Syndrome and their families. National Parkinson's Foundation 800-473-4636 Improving care and advancing research toward a cure. **National Poison Control Hotline** 800-222-1222 24/7 helpline, pill I.D. and poison information. **National Spinal Cord Injury Association** 718-803-3782 Services and programs to help people with spinal cord injuries and disorders. **Problem Gambling Helpline** 800-552-4700 24/7 resources and referrals for those with gambling problems. SAMHSA- Substance Abuse & Mental Health Services 800-662-4357 Helps find treatment, provides resources and materials to communities. Shriner's Hospital for Children 800-237-5055 Provides care to children with injuries and birth defects regardless of financial ability to pay. SIDS Grief Support 800-221-7437 Bereavement support for families who have sudden loss of an infant. Special Olympics for Tennessee 615-329-1375 Year around sports for children 2 and up with disabilities. **Tri-County Center** (Job Training Services) 423-745-8902 Athens, TN The Hearing & Speech Foundation 865-977-0981 Maryville, TN University of TN Developmental & Genetic Center

865-305-9030 Alcoa, TN

## DOMESTIC VIOLENCE

#### **CASA- Court Appointed Special Advocates**

423-442-2750 Maryville, TN *Court appointed volunteer advocacy that represents children in the court system due to abuse or neglect.* 

#### **Chattanooga Partnership for Families**

423-755-2700

Counseling, crisis intervention, and prevention services.

**Family Violence Helpline** 

865-637-8000

Can help with local resources and referrals.

#### Harbor Safe House

423-479-9339

Domestic Violence, rape and sexual assault shelter. Dating violence awareness, housing for unaccompanied youth, housing for homeless, offers individual or group counseling and court advocacy.

Haven House

865-983-6818

865-982-1082 Hotline

Emergency shelter for victims of domestic violence (not gender specific) & their children, 24 hour crisis hotline, court advocacy, case management, support groups, community education for prevention.

#### HOPE Center

423-745-5289

Shelter & support for victims of domestic violence & rape/sexual assault, advocacy & community education/services & programs are available to prevent abuse, counseling, court advocacy & other support services. Child advocacy center that offers forensic interviews, medical exams, court advocacy and counseling.

#### Iva's Place Shelter

866-239-0871

*Crisis intervention, trauma focused therapy, safety planning, immediate placement and transitional housing, legal advocacy, life skills class, prevention and parenting education for female domestic violence victims and their dependent children.* 

#### Kent C. Withers Family Crisis Center

865-637-8000

Place of refuge for women experiencing domestic violence & their children. While at shelter women receive on-site counseling & case management to help them through this challenging time. Hotline available 24/7. Can help with safety planning and find support groups. Court advocacy, referrals and legal services, employment and education services. Transitional housing is offered as well.

#### Monroe STOPe 423-519-1232 423-836-2906



Assists victims of domestic violence with a variety of needs, such as group and crisis counseling, advocacy, support sessions, safety planning, & resource accessibility. Community education and outreach. Can assist with completing order of protections and court advocacy.

## DOMESTIC VIOLENCE

#### SafeSpace

865-453-9254 Safe, secure and confidentially located shelter. Services they provide are comprehensive & specifically designed to anticipate the needs of victims. Sexual Assault Center of East Tennessee 865-522-7273 Sexual assault nurse examinations, advocacy, therapy, education, and outreach. **Tennessee Adult Protection Services Hotline** 888-277-8366 Hotline to report adult and elderly abuse or neglect. **Tennessee Domestic Abuse Hotline** 800-356-6767 Referral and counseling helpline that is available 24/7. Offer referrals, supportive listening and help with safety planning. **Tennessee Human Trafficking Hotline** 855-558-6484

Report suspected human trafficking.

## EDUCATIONAL SERVICES

#### Adult Community Training

865-986-1137 Fax Lenoir City, TN 865-986-6182 Phone Provides vocational and residential programs to individuals with developmental disabilities. American Job Center of Monroe 423-745-2028 Athens. TN Provides resources for workforce solutions. **Educational Opportunity Center** 423-884-2192 Vonore, TN Provides counseling and information on college admissions. **Knoxville Area Communications Center for the Deaf** 865-579-0832 Teach Sign Language Classes LTVEC Monroe County Birth to Three Programs 865-458-8900 Developmental therapy to young children with special needs. Referrals by TEIS. **Monroe County Adult Education** 423-442-2373 Madisonville, TN Offers free classes. **TN Achieves/ Tennessee Promise** 865-621-9223 Provides last-dollar scholarships with mentor guidance. **Tri-County Center** 423-745-8902 Job training services. UT Monroe Co. Extension Office 423-442-2433 Madisonville, TN 4-H program, education to framers, parenting skills, managing finances and more.

## **EMPLOYMENT**

#### Advantage Resourcing

423-744-3950 Athens, TN *Customized workforce solutions, direct placement services, payroll and temp-to-hire.*  **Aerotek** 865-292-2400 *Knoxville, TN Staffing services and workforce management.*  **American Job Center of Athens** 423-745-2028 *Offers computerized labor market information, internet access, workshops, on-line talent bank, job placement, recruitment and training.*  **Catalyst Technology Group USA** 865-584-1333 Vonore, TN

Direct placement services in the workforce.

Randstad

423-420-0645 Madisonville, TN

Staffing services that specialize in manufacturing, office and

administration.

**Tech USA** 

865-531-2931 Knoxville, TN *Technology recruitment solutions.* 

**Tri-County Center** 423-745-8902 Athens, TN *Job training services.*  LIOBS

## FOOD, CLOTHING, FURNISHINGS & UTILITY ASSISTANCE

#### Cora Veal Senior Citizen's Center

423-442-2022 Madisonville, TN

Assist with transportation, home delivery meals and SNAP benefits. Offers programs such as Alzheimer's support groups, adult coloring, bingo, tai chi for memory, line dancing, corn hole and music. Dementia friendly workshops. Meals on Wheels. Exercise programs. Lunch and Learns that help caregivers understand how to interact with those with Alzheimer's.

#### **Department of Human Services**

423-442-7403 Madisonville, TN

*Food assistance, Families First, Childcare assistance, Medicaid and TennCare.* 

#### **Douglas Cherokee Neighborhood Service Center**

423-442-3769 Madisonville, TN Assists in emergency medication, shelter, commodities, utility assistance, clothing, USDA Commodity Program, gardening and canning supplies.

#### East TN Human Resource Agency

865-691-2551 Knoxville, TN Service include independent living, nutrition, housing and utilities, employment support, transportation, judicial support, education and advocacy.

#### **East TN Red Cross**

865-584-2999 Knoxville, TN

Assists in emergency needs due to disasters including fires. Families First/ SNAP Program

866-311-4287

*Workforce development and employment program Provides transport, childcare assistance, job training and temporary cash assistance.* 



## FOOD, CLOTHING, FURNISHINGS & UTILITY ASSISTANCE

#### First Baptist Food Pantry Madisonville, TN

423-442-4544 Madisonville, TN

Occurs every Saturday 8:00am to 9:30am.

#### **Good Samaritan Loudon County**

865-986-1777 Lenoir City, TN

*Monday- Friday 9:00am- 12:30pm. Food pantry for Loudon County residents.* 

#### **Good Shepherd Center**

423-420-8888 Madisonville, TN

Provides food, personal care products and diapers, 5 articles of clothing to each person per household per month, 5 miscellaneous items per month, transport via ETHRA for medical appointments, assists emergency housing for fire victims, layette set for newborn baby and more.

M-Th- 9am-12:30pm

#### Good Blessings

423-519-9662 -A ministry of Hopewell Springs Baptist Church *Provides diapers, new and gently used baby clothing, and lots of other baby items. Parents can visit the room and get items for their baby and toddler after attending any church service.* 

#### Habitat for Humanity

423-442-8886 Madisonville, TN Nonprofit organization that helps build and improve homes of families in need.

#### Manna Outreach Ministry

865-988-6921 Maryville, TN

*Food pantry serving Blount County, free clothing closet, operation Christmas Child, Celebrate Recovery and Helping Hands. Monday-10am-1pm* 

#### **Meals on Wheels**

423-318-6935 Main Office

423-442-5834 Cora Veal Location

Provides nutritious meals to seniors age 60 and older.

#### Monroe County Dental Clinic

423-442-8828 Madisonville, TN Assists adults and children with dental needs on sliding scale

#### basis.

#### Monroe County Health Department

423-442-3993 Madisonville, TN

Assists parents in caring for nutritional needs of infants and toddlers.

#### **Relative Caregiver Program**

866-735-8752

423-424-4281

Assists in support of families providing care for relative children, support groups, one-time financial assistance for utilities or rent, court advocacy, outings.

#### **Sweetwater Area Ministries**

423-337-0210

Assists with utilities, clothing, prescriptions, or other needs for Sweetwater Utility District only. Thrift store offers clothing and pantry resources to Sweetwater residence in need.

#### Tellico Seventh Day Adventist Church

#### 423-836-0726 Tellico Plains

*Hosts scheduled food giveaways for kids and is not based on income. Every child is eligible ages 0-18. Convenient drive-through service. Kids don't have to be present. Parent or guardian can pick up for them.* 

## **HEALTHCARE PHYSICAL**

#### Access Medical Care

423-442-8084 Madisonville, TN *Clinic for primary needs, home visits for older adults, behavioral health and apart of the Tri- Community Center.* 

#### American Chronic Pain Association

916-632-0922

*Provides assistance and hope to people with chronic pain. Offers pain management through discussions, mutual support and information.* 

#### **Chota Community Health**

423-442-2622 Madisonville, TN Services include family practice, behavioral health, diagnostics and patient assistance. Offices in Tellico Plains and Vonore areas as well.

#### East TN Children's Hospital

865-541-8000 Knoxville, TN

*Provides services to children and offers classes and events such as Healthy Kids program. Has summer camps for kids as well.* 

#### **East TN Heart Consultants**

865-470-2273 Knoxville, TN *Cardiology and Internal medicine.* 

Fast Pace Clinic

423-427-2402 Madisonville, TN Urgent and primary care, telehealth, behavioral health, orthopedic, dermatology and occupational health.

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#### Lupus Foundation of America

202-349-1155

Lupus Research and strives to improve life for those with Lupus.

#### Madisonville Health and Rehab

423-442-3990 Madisonville, TN *Nursing home facility.* 

#### Monroe County Cancer Fund

423-545-3015 Madisonville, TN Assistance with medical bills, gas to get to appointments and more.

#### Monroe County Dental

423-442-8828 Madisonville, TN *Cleanings, fillings, crowns, bridges, extractions, partials and dentures. Takes patients of all ages.* 

#### Monroe County Schools Health Clinic

423-420-9678 Ext. 1 Madisonville, TN *Children's fund that provides personal items, school supplies and a clothing closet.. Offers Backpack Food for Kids program.* 



## **HEALTHCARE PHYSICAL**

SHA Fast Trak 423-884-2133 Vonore, TN Treats injuries and illness and provides occupational health and wellness care. SHA Women's Health 865-213-8592 Vonore, TN Provides care to women's needs and pregnancy needs. Starr Regional Hospital 423-745-1411 Athens, TN Labor and Delivery, surgery, emergency room, senior care, diabetes center and more. **Starr Regional Medical Center** 423-263-3600 Etowah, TN Labor and Delivery, surgery, emergency room, senior care, diabetes center and more. Sweetwater Hospital Association 865-213-8200 Sweetwater, TN Emergency care, home health, physical therapy, radiology, surgical care and women's health. Sweetwater Hospital Home Healthcare 865-213-8508 Sweetwater, TN Services for homebound individuals who are under care of a physician requiring nursing or therapy services. TennCare Information 866-311-4287 **TennCare Uninsured** 423-442-8999 University of TN Medical Center 865-305-9000 Knoxville, TN Cancer center, Emergency and trauma, heart, lung and women's



## **HOUSING/ SHELTER**

Appalachia Service Project 423-854-8800 Volunteers provide high quality home repair and relationship ministry. Athens Housing Authority 423-745-0341 Athens, TN Participates in Housing Choice Voucher and public housing programs. Low income. Cloverleaf Apartments 423-442-3333 Madisonville, TN 1-3 bedroom. Income based. Crestview Apartments 423-442-9336 Madisonville, TN 1-3 bedroom. Income based.

## **HOUSING/ SHELTER**

#### **Cross-Creek Apartments** 423-337-9656 Sweetwater, TN Multi-family housing and income based. **Dogwood Terrace** 423-337-3810 Sweetwater, TN Mobility impaired and/or elderly ETHRA Section 8 Program 865-691-2551 Offers Housing Assistance **ETHRA Transportation** 800-232-1565 Provides affordable, safe and dependable public transportation. **Family Crisis Center** 865-637-8000 Knoxville, TN Provides emergency shelter, food and clothing, safety planning, legal and financial assistance, children's service and counseling. **Family Promises** 865-233-4737 Blount County 865-584-2822 Knoxville Shelters, meals, & support services for families with children under 18 without homes if in program. Fresh Start 423-836-3235 Sweetwater, TN Ministry serving the homeless. Provides a clothing closet and food pantry. **Grace House** 423-453-5694 Athens, TN Homeless shelter for men struggling with addiction. Help with recovery through the 12-step program, daily meetings, spiritual quidance, sponsorship and finding jobs. Haven House 423-442-5096 Services include a 24-hour emergency shelter, children's services, 24/7 hotline, court and legal advocacy and support groups. The H.O.P.E Center 423-745-5289 Services provided include children's advocacy, domestic violence shelter program and sexual assault program. Homeless Management of Monroe County 423-442-4143 Madisonville, TN Assist with rentals for permanent housing, temporary lodging and utility deposits. Intrepid USA Home Care 423-337-6342 Sweetwater, TN Personal care, home healthcare, palliative and supportive care and hospice. Island Grove 423-617-0212 2-3 bedrooms. Low income based housing. Iva's Place 866-239-0871 Offers services to Domestic Violence victims. Can help with transitional housing. Immediate housing for those in imminent danger.

**Knox Area Rescue Ministries** 

865-673-6540 Knoxville, TN Shelter for homeless men, women & children, offers a drug and alcohol recovery program for men and women.

## **HOUSING/ SHELTER**

#### Laurel Place Apartments

865-525-7500 Madisonville, TN *Low income based.* **Loudon County Senior Citizen Center** 865-458-5445 Loudon, TN *Provides many activities and social opportunities for those 60 and older.* 

Loudon Housing Authority

865-458-2061 Loudon, TN *Resources on local listings for families, elderly and disabled individuals.* 

#### Monroe County Habitat for Humanity

423-442-8886 Madisonville, TN

New construction housing and donation store.

Monroe Ridge Apartments 423-836-9409 Sweetwater, TN

1-3 bedroom housing.

Mountainside Estates 423-520-7000 Sweetwater, TN Mobile home park.

Mountain View Apartments 423-404-5205 Madisonville, TN 1-2 bedroom housing.

New Space Leasing

423-261-5060 *Helps residents find rental space.* **Old Saybrook** Apartments

423-442-2262 Madisonville, TN 1-2 bedroom. Low income based.

#### Pedigo Apartments I & II



# SHELTER

931-432-4111 Madisonville, TN *1 bedroom. Income based. Elderly and disabled individuals only.* **Plainsview Apartments** 

423-253-2470 Tellico Plains, TN Income based.

**Plemons Rentals** 

423-442-8869 Madisonville, TN Apartments, houses, mobile homes, land and storage rentals.

#### Raintree Apartments

423-253-3185 Tellico Plains, TN 1-2 bedroom income based housing. Elderly and disables individuals only.

#### **Ridgeway Apartments**

423-442-4928 Madisonville, TN 1-2 bedroom housing. Low income based.

#### **Riverview Apartments**

423-884-6085 Vonore, TN

*1-3 bedroom housing.* Salvation Army

#### Salvation Anny

865-525-9401 Knoxville, TN Shelter for men, women, domestic violence victims, and a program for pregnant teens.

#### **Senior Citizens Home Assistance Services**

423-420-0032 Madisonville, TN

Services include housekeeping, grocery shopping, laundry, personal care, transportation, salon services and respite care for families.

## HOUSING/SHELTER

#### Sequoyah Trail Apartments

423-337-7471 Sweetwater, TN 1-2 bedroom housing. Elderly and disabled individuals only. Sequoyah Village 423-442-9190 Madisonville, TN 1 bedroom housing. Low income based. Elderly and disabled individuals only. Serenity House Women's Shelter 865-673-6551 Help women define their own goals. Connect women to the services they need to achieve these goals: Case Management, Assistance with benefits, Healthcare coordination, and employment training, access to education. Shelter My Sheep 423-253-2303 Free housing for 28 days for families and individuals. Transitional housing available. Springbrook Apartments 423-884-6070 Vonore, TN Income based. Elderly and disables individuals only. **Sweetwater Housing Authority** 423-337-6224 Low rent public housing, based on income and family size. Sweetwater Nursing Center 423-337-6631 Services include physical, speech and occupational therapies, wound care, respite services, pharmacy, mental health and more. **Tellico View Apartments** 423-519-8484 Vonore, TN  $\neg \neg \neg$ 2-3 bedroom housing. TN Valley Coalition to End Homelessness 865-859-0749 888-556-0791 Veterans Hotline Help to house homeless and educate the community. **Tennessee Housing Development Agency** Section 8 Program 865-594-6696 Ext. 15 Home loans, homebuyer education, emergency repair, foreclosure prevention and more. The Willows 423-442-1833 Madisonville, TN 2-3 bedroom housing. Not income based. U.S. Department of Housing and Urban Development 202-708-1112 Housing for domestic violence victims, affordable housing program, disaster recovery assistance and more. Valley Mobile Home Park 423-337-0123 Sweetwater, TN Volunteer Ministry Center 865-524-3926 Helps homeless get into permanent housing. Offering case management & life skills management. Volunteers of America 865-338-3528 Affordable housing, assistance for people with disabilities, assistance for homeless, mental health. Children, youth and family programs.

### HOUSING/SHELTER



West Hills Apartments
423-337-9048 Sweetwater, TN
Low income based.
Wildwood Emergency Shelter
423-478-1458 Cleveland, TN
Temporary shelter, food and case management for the homeless.
Wood Presbyterian Home
423-351-1050 Sweetwater, TN
Home-like living, rehabilitation center and apartment living for elderly.
Wood Village Apartments
423-351-1050
Elderly living.

## **LEGAL SERVICES**

Adult Protective Services

888-277-8366 *Report abuse of a vulnerable or elderly person.* Legal Aid of East TN

800-572-7457

*Legal representation for those who need it most. Low income, elderly and victims of domestic violence.* **Monroe County Juvenile Court** 

423-420-9106 Madisonville, TN

## MENTAL HEALTH & SUBSTANCE ABUSE

#### **Access Medical Care**

423-442-8084 Madisonville, TN Clinic for primary needs, home visits for older adults, behavioral health. Apart of the tri-county center. Adult & Teen Challenge of the Midsouth 423-756-5558 Chattanooga, TN Journey from addiction to freedom. Agape Outreach Homes, Inc. Knoxville, TN 865-689-4871 Agapeoutreachhomesonline.org Provides housing & care for men with severe persistent mental illness. Their goal is to provide a therapeutic environment while maintains a sense of "family" among their residents. Al-Anon Family Group/ Christ Community Church 423-745-8185 Go online to al-anon.org to find local meetings. Alcoholics Anonymous Helpline 865-522-9667 Specialist will propose a personalized course of action. Offers tools and resources.

#### **Bethel Bible Village**

423-842-5757 Hixson, TN

*Programs for boys 14-17 with impulse behavior and runaway tendencies. Boys and girls 6-12 who struggle with emotion and behavior issues. Transitional living for ages 18-21.* 

#### **Blended Recovery**

423-371-0858

*Case Management and counseling services for addiction (formally speak up) meets in Madisonville on Tuesdays. Teen groups, individual therapy, anger management, and parenting classes.* 

#### **Blount Memorial Emotional Health & Substance Abuse**

865-981-2300 Maryville, TN

*Voluntary inpatient, including detox, outpatient services, partial hospitalization, accepts insurance or private pay.* 

#### **Blount County Outpatient Center HRMC**

865-681-6990 Maryville, TN

*Offers Outpatient mental health services, substance abuse/addiction treatment services.* 

#### **Blount County Center**

800-255-9711 Maryville, TN Intensive and outpatient mental health services

#### **Bradford Health Services**

865-693-9326 Knoxville, TN Offers Substance Abuse Treatment, individual, outpatient, and inpatient to adults and juveniles. Accepts TennCare.

#### Buffalo Valley

800-447-2766 Hohenwald, TN Offers short & long term residential treatment, Halfway House, supportive living. Accepts insurance and grant programs

#### CADAS/ Scholze Center

877-282-2327 Chattanooga, TN Offers outpatient and residential substance abuse treatment for adults and juveniles, DUI School. Accepts TennCare, grant programs, and sliding scale payments.

#### **Celebrate Recovery**

423-545-3015

Weekly groups (Monday's @ Sweetwater First Baptist Church/Tuesday's @ Madisonville Church of God /Sunday's @Englewood Church of God) 6pm. For those who are struggling with habits, hurts, or hang-ups. CenterPointe- HRMC 865-262-8208 Knoxville. TN

*Offers medical detoxification and short term residential treatment for substance abuse.* 

Accepts TennCare and block grant program.

#### Chattanooga Cares

800-960 AIDS Chattanooga, TN 423-265-2273

*Reach, assist, & support people impacted by HIV, Hepatitis C, and STIs. Services include: primary & infectious disease care, nutritional counseling, mental health counseling, lab services, & health maintenance for preventative care.* 



#### **Cherokee Health Services**

423-887-5131 Englewood, TN Medication management (West Knoxville, Maryville, & Lenoir City), counseling & case management services on a sliding scale. Behavioral services only counseling and case management are available at the Englewood location.

#### **Chota Community Health Services**

423-442-2622 Madisonville, TN Mental Health for children & adults- SHARE Program. Locations also in Tellico Plains and Vonore.

#### **Chota Community Health Services Emotional Health**

423-442-7136 Madisonville, TN

Counseling available on a sliding scale basis.

**CONTACT Hotline** 

800-932-4616

*Suicide prevention, crisis intervention and general counseling.* **Cornerstone of Recovery** 

866-865-3689 Louisville, TN

866-461-4811

800-684-6614 Crisis Line

Offers adult inpatient substance abuse treatment. Intensive residential relapse recovery program. Intensive outpatient therapy and aftercare programs. Includes a supportive living program. Referrals need private insurance or have ability to pay for services.

#### **Covenant Counseling**

865-271-6080 Lenoir City, TN Outpatient treatment facility

### Crisis Stabilization Unit – Helen Ross McNabb Center

865-541-6958 Knoxville, TN

865-539-2409 Mobile crisis

72 Hour Residential Stabilization for adults in substance abuse/ psychiatric crisis. Grant based program. No insurance needed.

#### Daystar HRMC

423-744-8734 Athens, TN Offers Outpatient Mental Health Services

DUI Classes Monroe

423-756-7644 Madisonville, TN Florence Crittenden Agency

#### 865-602-2021 Knoxville, TN

*Residential and Non-residential services for adolescents and adult. Substance abuse, mental health, victims.* 

#### **Gateway Center-HRMC**

865-524-5757 Louisville, TN

*Residential substance abuse treatment facility for adolescent males age 13-18. Participation is generally 3-4 months. TennCare and other insurance.* 

#### **Great Starts- HRMC**

865-544-5068 Ext. 1455 Knoxville, TN

*Structured living program that offers integrated substance abuse & mental health treatment services to recovering pregnant & parenting women.* 

#### Health Connect

423-252-0871 Athens, TN Intensive in-home, outpatient mental health, substance use disorder and supervised visitations.

#### Helen Ross McNabb

865-637-9711 Knoxville, TN

Adult psychiatric programs include Adult Integrated Service Team (AIST), crisis stabilization, safety net program, Program for Assertive Community Treatment (PACT), developmental disabilities services, psychiatric rehabilitation services, and forensic psychiatric assessments.

#### **Hiwassee Mental Health**

423-442-9850 Madisonville, TN

Individual, couple and family therapy, case management, and medication management. Insurance and private pay on sliding scale basis.

#### Hope of East Tennessee

865-482-4826 Oak Ridge, TN

Offers an intensive outpatient program, aftercare, individual counseling, and special focused groups such as relapse prevention and co-occurring disorders

#### Jellinek HalfWay House

865-525-4627 Knoxville, TN

A long term halfway house for men suffering from substance abuse. No insurance needed. 28 day program inpatient residential program.

#### Loudon County Outpatient Center HRMC

*865-635-0242 Outpatient Mental Health Services and Case management.* 

#### Miracle Lake

423-263- 2583 Etowah, TN *Faith-based addiction rehab for men, 2 months with extended stay opportunity.* 

### Monroe County School Behavioral Health

423-420-9678 (Ext. 1) Madisonville, TN

Monroe County Schools Special Education

### 423-442-5592 Madisonville, TN

NAMI (National Association on Mental Illness) 800-467-3589

*Education and advocacy programs. Helpline.* Narcotics Anonymous Hotline

866-617-1710

# šay no to DRUGS

OmniVisions Inc. 800-851-6108 Knoxville, TN *Foster care, relative caregiver program.* Oxford House Rocky Top 865-247-7984 Knoxville, TN 865-249-7101

865-896-8831

*Is an umbrella organization, provides the network connecting all other oxford houses. Is concept in recovery from drug and alcohol addiction. Numerous homes supporting both men and women, houses with women accept children. There is a fee every week. 80-100 dollars.* 

#### Park Ridge Valley Adult & Senior Behavioral Health Care

423-894-4220 Chattanooga, TN

*Child, adolescent, adult and senior programs. Addiction, intensive outpatient, partial hospitalization, psychiatric care and more.* 

Peninsula Hospital

865-970-9800 Louisville, TN

*Provides inpatient mental health and alcohol/drug crisis services for adults, adolescents & children. TennCare accepted.* 

#### Peninsula Outpatient

865-970-9800 Maryville, Lenoir City, Knoxville and Sevierville, TN

*Medication management for ages 5 & up, individual, family & group therapy, case management and adventure-based counseling programs. Accepts TennCare.* 

**Redirections/HRMC** 

800-255-9711 Knoxville, TN

A highly structured after school program for teens 13-18 for substance abuse issues.

#### **Evolve Addiction Treatment**

423-507-8826 Athens, TN

*Offers substance abuse treatment for all ages. Sliding Fee Scale for those without insurance.* 

#### **Ridgeview Psychiatric Hospital & Center**

865-482-1076 Oak Ridge, TN 800-870-5481

Mental health services, substance abuse treatment, adult inpatient & outpatient programs,

#### **Stepping Stone to Recovery**

865-259-0678 Louisville, TN Detox and inpatient addiction treatment for low income and government issued insurance.

#### **Steps Halfway House**

865-573-7152 Knoxville, TN *A long term halfway house for men suffering from substance abuse. No insurance needed.* 

#### **Straight Way Ministries**

#### 423-371-0269 Athens, TN

Faith based treatment facility for men struggling with addiction. 1 year program with group meetings, life skills classes, one on one counseling and church services.

#### Suicide Prevention Lifeline

1-800-273-TALK *Free and confidential emotional support. 24/7.* 



#### Tennessee Baptist Children's Homes

423-892-2722 Chattanooga, TN *Foster care, residential care and family care programs.* **Tennessee Tobacco Quit Line** 800-784-8669 *Free programs to quit smoking.* 

#### **Tennova Behavioral Health**

423-339-4166 Cleveland, TN 423-479-4673 Hotline *Mental health and substance abuse services, detoxification, hospital inpatient, residential short-term treatment (30 days or less), outpatient, partial hospitalization/day treatment. Accepts TennCare and other insurance.* 

#### The House that Mercy Built

423-295-5434 Tellico Plains, TN

*Faith based residential program for women who struggle with substance abuse.* 

#### The Village

866-927-7980 Louisville, TN

865-738-9624

Residential treatment center for adolescents 13-18 who have not been successful in other treatment settings. Focuses on mental health/substance abuse issues, behavioral health, difficulties in school & sexual abuse issues in a wilderness setting.

#### **Transformation Haven Ministries**

423-545-9793

12-month Discipleship Program for women.

#### **True Purpose Ministries**

865-681-4861 Maryville, TN *IOP & Residential, 12 Month program in Maryville, Madisonville, & Knoxville.* 

#### **Volunteer Behavioral Health**

877-567-6051

Addiction Recovery program, case management, treatment collaborative, justice liaison, crisis walk -in center, Crisis stabilization unit, outpatient services, etc. Contact for more information.

#### Women at the Well

423-745-0010 Athens, TN Long-term residential, faith based, discipleship program for women with life-controlling problems ages 18 and older.



## MEETINGS

#### **AA Meetings**

Sunday-6:00PM • *C21 Building (red roof) Big Book Study 675 Hwy 68, Sweetwater, TN* Monday-12 Noon

Monroe County Court House (maintenance entrance under steps)

*Get Your Week Off Right Support Group Madisonville, TN* 

Tuesday-5:30PM

- Century 21 Building (red roof) Back to Basics 675 New Hwy 68, Sweetwater, TN
- 6:00PM

*The Loft Church 104 Campground Road, Madisonville, TN* 

Wednesday-6:00PM



*1st Baptist Church Basement (side entrance next to dumpster) Downtown Fellowship Group Madisonville, TN* **Thursday-**5:30PM *1st United Methodist Church (across street from Baptist Church entrance) Get Your Weekend Off Right Support Group Madisonville, TN* **Saturday-**8:00PM *Tellico Plains Community Center (behind Hardees and BP) Tellico Plains Group Tellico Plains, TN* 

#### NA

Monday-8:00PM Sweetwater Hospital (next to the cafeteria) Sweetwater, TN Tuesday-6:00PM The Loft Church 104 Campground Road, Madisonville, TN Friday-8:00PM Sweetwater Hospital (next to the cafeteria) Sweetwater, TN



#### **Celebrate Recovery**

Sunday-6:00PM Englewood Church of God 18 W Athens Street, Englewood, TN Thursday-6:00PM Watt's Bar Church 1517 State Hwy 68, Decatur, TN Friday-6:00PM Madisonville Church of God 3895 New Hwy 68, Madisonville, TN

## MISCELLANOUS

Assurance Wireless 888-321-5880 Telephone service subsidized by federal Lifeline Assistance Program. **Blount Hearing & Speech Services** 865-412-7689 Hearing aids and treatment to protect hearing. **Consumer Credit Counseling Service** 423-745-5479 Athens. TN Help improve line of credit. **Federal Do Not Call List** 888-382-1222 Report unwanted calls. Free Tax Prep Help



#### **Keep My Tennessee Home**

865-546-3500

855-890-8073 Apart of the Hardest Hit Fund. Provides aid to states that are most impacted by economic crisis. Mortgage assistance, principal reduction and affordable housing assistance. Lions Club Eyeglass Program 423-351-3860 Sweetwater, TN Assists in eye exams and obtaining prescription glasses. SafeLink Wireless 800-732-3546 Free government cell phone service. **Tennessee 24-Hour Crisis Line** 855-274-7471 Free 24/7 resources for anyone experiencing a mental health crisis.

## **MONROE GOVERNMENT & CITY**

#### Archives

423-420-0910 Madisonville, TN Provides access to public holdings and records.

**Board Of Education** 423-442-2373 Madisonville, TN

**Chancery Court** 

423-442-2644 Madisonville, TN **County Clerk's Office** 

423-442-2220 Madisonville, TN 423-442-5948



*Title and registration, business tax, marriage license, genealogy* research, beer applications, boat and water vessel tax, notary applications and drivers license renewals.

**County Court Clerk** 423-442-2396 Madisonville, TN **Department of Education** 423-442-2373 Madisonville, TN

## **MONROE GOVERNMENT & CITY**

#### **Department of Finance**

423-442-9383 Madisonville, TN Administers finances for funding at all various departments, agencies and boards. **District Attorney's Office** 423-442-7404 Madisonville, TN **Economic Development** 423-442-3652 Madisonville, TN **Election Commission** 423-442-2461 Madisonville, TN Election information and register to vote. **Emergency Medical Service** 423-442-4063 Madisonville, TN **Highway Department** 423-442-4569 Madisonville, TN Maintains road work, road signs, mowing and ditch maintenance. Justice Center 423-442-3911 Madisonville, TN Madisonville City Hall 423-442-9416 Madisonville, TN Code enforcement, sanitation, streets, parks, water and gas. **Monroe County Beautiful** 423-442-3535 Madisonville, TN Liter management, education and recycling. Monroe County Mayor's Office 423-442-3981 Madisonville, TN **Office of Aging** 423-442-9666 Madisonville, TN Helps with transportation, home delivery meals, housing, SNAP benefits, making referrals to elderly. **Property Assessor** 423-442-3637 Madisonville, TN Taxpayer information and property assessments. **Register of Deeds** 423-442-2440 Madisonville, TN Recording of all legal documents. Sessions Court 423-442-9537 Madisonville, TN Social Security Administration & SSI 866-964-7431 Athens. TN Retirement, disability, SSI, cost of living adjustments. Sweetwater City Hall 423-337-6979 Sweetwater, TN Public records and town/city council. **Tellico Plains City Hall** 423-253-2333 Tellico Plains, TN Water and sewer. **Tourism Department** 423-253-8010 Madisonville, TN Trustee's Office 423-442-2920 Madisonville, TN **Veterans Affairs** 423-442-5812 Madisonville, TN Vonore City Hall 423-884-6211 Vonore, TN

Public records, voter poll locations and council information.

## PREGNANCY COUNSELING

#### **Healthy Families Tennessee**

423-333-6929 Home visiting program that provides weekly home visitation and support for parents from pregnancy through age 5. Education on post partum depression.

**Monroe County Health Department** 

423-442-1235 Madisonville, TN WIC, HUGS, CHAD, CSS programs. Case management for families and

assist children up to age 21 with special needs. Pregnancy Resource Center

#### 865-977-8378 Maryville, TN

*Free pregnancy testing, ultrasound exams, community resources and healing after abortion.* 

#### Young Lives Monroe County

865-291-8312 Sweetwater, TN Christian Ministry that reaches out to middle school, high school and college students.

## SENIOR CITIZENS

#### Adoration Home Health and Hospice

423-337-3833 Sweetwater, TN *Provide senior care for patients with illness, injuries and rehabilitation.* 

#### Alzheimer's Association

800-272-3900

Information on help and support, resources and caregiving.

#### **Cora Veal Senior Citizens Center**

423-442-2022 Madisonville, TN

Assist with transportation, Meals on Wheels and SNAP. Programs that include Alzheimer's support group. Lunch and Learns that help caregivers understand how to interact with those with Alzheimer's. Bingo, Tai Chi for Memory, dementia friendly workshops and exercise programs.

#### **Chota Community Health - SHARE Program**

423-442-2622 *(Senior Health & Revitalization Education)* Madisonville Health & Rehab

423-442-3990 Madisonville, TN

#### Intrepid USA Home Care Sweetwater

423-337-6342 Sweetwater, TN

*Personal care, home healthcare, palliative and supportive care.* Loudon County Senior Citizen Center

865-458-5445 Loudon, TN

Meals on Wheels (Sr. Nutrition Program) 423-442-5834 Madisonville, TN

Medicare Information (Social Security Office) 800-772-1213

Senior Citizens Home Assistance Services 423-420-0032

Social Security Administration & SSI 866-964-7431

## SENIOR CITIZENS

Sweetwater Hospital Home Care 865-213-8508 *Nursing, physical therapy, occupational therapy, speech and more.* Sweetwater Nursing Center 423-337-6631 *Physical, speech and occupational therapies, wound care, respite services, pharmacy, mental health and more.* Wood Presbyterian Home 423-351-1050 Sweetwater, TN (*Wood Village Assisted Living Village*) *Home-like living and rehabilitation center for elderly.* 

## SERVICE ORGANIZATIONS

#### American Red Cross

865-584-2999 Knoxville, TN Blood and platelet donors, training and certified for many things and disaster relief. Always taking volunteers. Monroe County Beautiful

423-442-3535 Madisonville, TN *Liter management, education and recycling.* 

#### Monroe County Rescue Squad

423-442-9328 Madisonville, TN

Salvation Army Knoxville

865-525-9401

*Shelter for men, women, domestic violence victims and a program for pregnant teens.* 

Technology Access Program 865-332-5313

Computers for children.

#### United Way of Monroe County

423-337-7690

*Project R.E.D. for elderly and disabled. Help to improve lives by addressing critical needs. Volunteer programs. Helps with education, families with earnings and help families meet basic needs.* 

www.myunitedwaymonroecounty.org UT Agricultural Extension Office & 4H Programs 423-442-2433 Madisonville, TN

Offers co-parenting classes/ court ordered for divorcing couples or custody dispute. 4-H programs, educational programs for individuals, families, and farmers that prioritize protecting the environment, the use of natural resources and improving overall health.

#### Young Life Monroe County

865-291-8312 Sweetwater, TN *Christian Ministry that reaches out to middle school, high school and college students.* 

## TRANSPORTATION

ETHRA Transportation 800-232-1565 Good Shepherd Center 423-420-8888 Madisonville, TN





MonroeHealth.org Facebook.com/MonroeHealth

The Monroe County Health Council leverages the impact of our over 20 partner agencies. Council members work together, bringing their individual skills and agency focus towards solving some of our community's biggest health challenges. Our vision is a healthier, happier, and safer Monroe County. Our Mission is Promoting wellness through education, advocacy, and environmental change. We know we are stronger together and with your support we can be stronger still. Your investment in the Monroe County Health Council is an investment in the health of our community.

Through our Five Priorities, the Monroe County Health Council Prevention & Wellness Coalition strives to impact change in Monroe County Citizens' and their lifestyles.

### **Our Programs and Events**

Monroe on the Move Fitness Classes and Camps Monroe on the Move Fitness Expo Governor's Healthier TN Initiative Prevention Mural Water Bottle Filling Stations Remote Area Medical Host United Way Cancer Fund Monroe STOPe Paint the Town Purple & Teardrop Display Count It, Lock It, Drop It Campaign National Drug Take Backs and Permanent Drop Boxes **Revealed - Drug Prevention Trailer for Parents** Crisis Care Fund SADD - Students Against Destructive Decisions Rape Aggression Defense Courses **Overdose Prevention Awareness & Narcan Distribution** Toilet Talks SMASH the Stigma Community Water Balloon Fight Drug Exposed Children Task Force **Diabetes Support Care Committee** Access to Care Committee **Fitness & Nutrition Committee** Domestic Violence Advocacy Committee Crime & Substance Abuse Prevention Committee Monroe County Prevention & Wellness Coalition Lifeskills



# Your donations funds programs in Monroe County to accomplish our



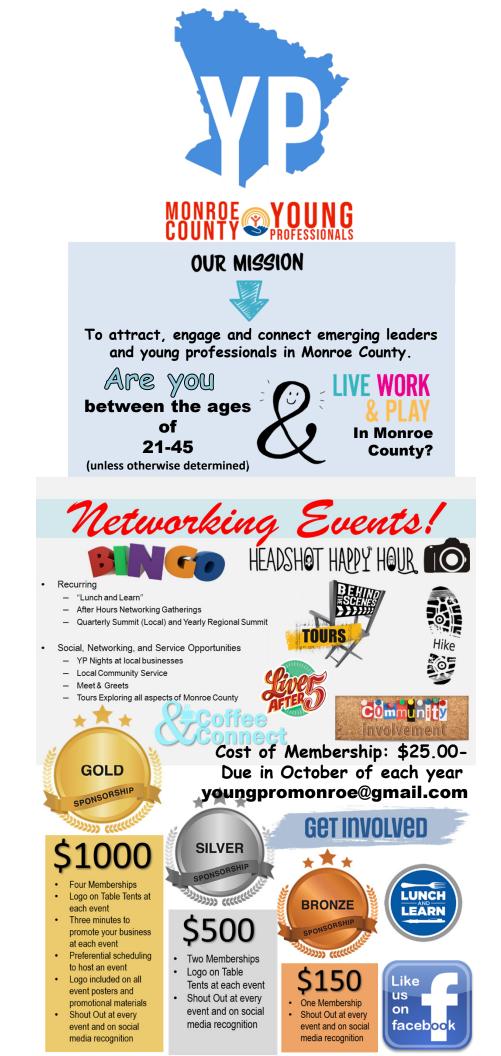
423-337-7690



423-337-6104 Fax

unitedwayofmonroecounty@gmail.com

www.myunitedwaymonroecounty.org



## **Drop off unwanted/expired** medication at the following **Monroe County locations:**

Monroe County Justice Center 4500 New Hwy 68, Madisonville

Madisonville Police Department 315 Englewood Rd, Madisonville

Sweetwater Police Department 208 Monroe St, Sweetwater

**Tellico Police Department** 405 Veterans Memorial Dr, **Tellico Plains** 

Visit our website for additional drop box locations in Monroe County, Tennessee. www.monroepwc.org/drop-box-locations

**f** DrugFreeMonroe



www.monroepwc.org

423.545.3015







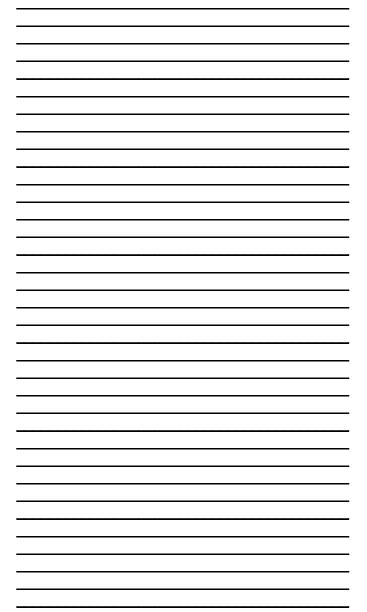
Mental Health & Substance Abuse Services

This project is funded under a Grant Contract with the State of Tennessee Department of Mental Health & Substance Abuse Services.

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#### **OTHER IMPORTANT NUMBERS**





This guide was printed in 2023 If you find incorrect information within this guide please report it to <u>unitedwayofmonroecounty@gmail.com</u>